

HEALTH



7TH Grade Course Outline

Health & Wellness

Mental & Emotional Health

Stress & Stress Management

The Responsible Decision Making Model

Consumer & Community Health

Reliable Sources

Mass Media & Advertising

Alcohol, Tobacco, and other Drugs

Tobacco-negative effects, secondhand smoke, latest trends, gateway drug

Alcohol-effects of use on the body, BAC, fetal alcohol syndrome

Marijuana & other drugs-effects of, prescription drug misuse, latest trends

Communicable & Chronic Diseases

HIV/AIDS

Family & Social Health

Relationships

Reproductive Health-Abstinence