



**Brrrrr!!! It's cold out there!!!
I'm staying home.**

DID YOU KNOW... that we tend to see an increase in absences during the colder months?

Generally, it is due to the following:

- Colds and other sickness are more prevalent in the classroom
- The transition to less sunlight impacts our health and well-being which affects our immune systems
- Parents/guardians also experience sickness which impacts the child when their caregiver isn't able to get them up and ready for school (it's hard when we don't feel good!)
- Transportation can be a challenge due to the road conditions
- It's just plain cold!!

Help us continue to keep our students in school. Absences can strongly impact peer relationships, self-esteem and academics.

DID YOU KNOW.... If your child misses two days of school each month, they are considered chronically absent? Two days per month doesn't seem like a lot of time but it does add up!

"But all of my child's absences are excused."

This is a response that we hear often and we appreciate the family communicating with us that their child won't be in school! However, excused versus unexcused absences... it still means your child was not present.

TIPS! TIPS! TIPS!

- 1) **Keep a sticker chart/calendar at home (keep it in a visible location like the refrigerator).** Each day your child goes to school, give them a sticker! If your child goes to school at least 20 days in a row, treat them with something special! Let them choose the dinner option or pick a movie to watch with the family.
- 2) **Try to schedule doctor's appointments for after school or when school is closed due to holidays or conference days (the school calendar is on the back of this newsletter!)**
- 3) **Encourage lots of hand washing!** Everyone gets sick and in schools, it spreads like wildfire. Make sure to encourage your child to consistently wash their hands after going to the bathroom, before meals and whenever they are soiled.



This newsletter is brought to you by Stephanie Davy, LMSW
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2019-2020 School Calendar

Chenango Forks Central School District

Adopted 6.13.2019 CF BOE

SCHOOL DAYS	
182	Student
4	Conference
186	Total

SEPTEMBER (18)+ 2						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER (21)+ 1						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	*10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

NOVEMBER (16)+ 1						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER (15)						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JANUARY (19)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

FEBRUARY (15)						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

MARCH (22)						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL (16)						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY (20)						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JUNE (20)						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

School not in session:

Labor Day – 9/2/19
 Columbus Day: 10/14/19
 Veterans Day: 11/11/19
 Thanksgiving Break: 11/27-11/29/19
 Winter Recess: 12/23/19-1/3/20
 Martin Luther King, Jr. Day: 1/20/20
 Mid – Term Recess: 2/17-2/21/20
 Spring Recess: 4/6-4/13/20
 Memorial Day: 5/25/20

Priority make up days:
 April 13
 April 6

*Early dismissal drill 10/10/19 (15-minutes early)

LEGEND	
	Conference Days
	Schools Closed
	Regents Exams
	Half days CFE only 11/22, 12/6, 12/11, District 1/24
	BOCES in session, CF closed
	BOCES not in session, CF in session